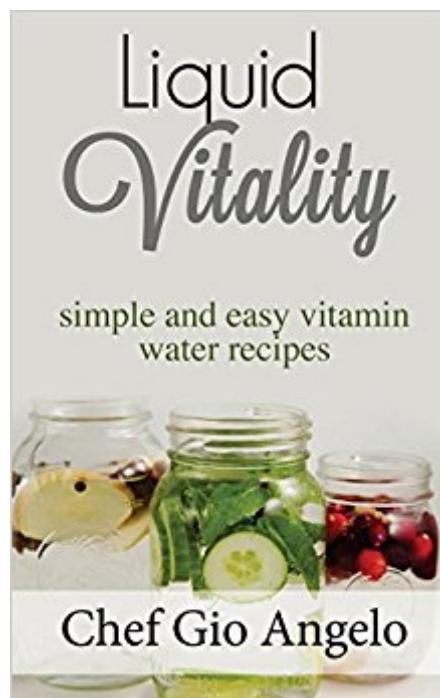


The book was found

Liquid Vitality: Simple And Easy Vitamin Water Recipes



Synopsis

A Proven, Step-By-Step System To Creating tasty nutritious vitamin water recipes at HomeThe ONLY Kindle Publishing Complete Course Book Backed by Lifetime Support & Money Back Guarantee Here Is A Preview Of What You'll Learn...In the world of health and wellness, there is definitely a general consensus that water is the best thing that your body needs. On average, you need about 13 cups of water a day to stay healthy, and water is one of the best things that your body needs in order to have a healthy and happy life. However, there are a couple of problems that arise from water, and it can be a big problem. There are also some things about water that people don't like, but there is a solution to that and that's vitamin water. The main problem with some people is that normal water tastes bland and boring. Some people can't stand it, and they don't know what to do about it. Water is natural but it's tasteless and although you might like it when you're thirsty, you won't want to drink it when you don't have to and for some people it doesn't go great with their own personal tastes either. That's why vitamin waters are great for a person, for they allow you to hydrate while still tasting amazing and natural for the body. Some people may go to the simple solution for the problem of water tasting bland, and that's by going to the store and getting some vitamin water or even some of those natural waters you have to pay like 3 dollars a bottle for at Trader Joe's. The problem with those is for one, they're expensive and for the commercial Vitamin Water, it's actually worse than that. It contains artificial dyes and preservatives, which already creates problems chemically in the body. If you're going for a natural body that doesn't have all the chemicals in there, you won't want to drink that stuff. Secondly, vitamin water may taste good but it doesn't have as many vitamins as other natural waters do that you can make yourself. Not to mention if you're drinking five bottles of vitamin water at a dollar apiece, that's about five dollars a day and 35 a week. That leads to about 140 a month, and over 1600 dollars each year spent on something you could get naturally for a whole lot cheaper. In addition, they don't taste as good, and they're not as healthy for you as normal water. Normal water is great for you, but the problem is you might need more vitamins. Water absorbs some of the key vitamins like vitamin C, which are water-soluble. They flush out when you urinate, and then you're going to need more vitamin C and other such vitamins. You also need those in daily affairs so that you're able to have a healthy and functioning body. Normal water is great, but you need the vitamins as well and that's where natural vitamin waters come into the picture as a solution to this, and why many companies support the use of natural vitamin water for hydration. Natural vitamin water is literally various fruits and herbs put into a jar and then water put in there. It's flavored water, but flavored in the most natural way possible. Order Your tasty

nutritious vitamin water recipes guide right now...Simply click the "buy" button on this page and you'll easily be able to read this book from your computer, Kindle device, tablet or smart phone.

Book Information

Paperback: 26 pages

Publisher: CreateSpace Independent Publishing Platform (November 21, 2014)

Language: English

ISBN-10: 1503139603

ISBN-13: 978-1503139602

Product Dimensions: 5 x 0.1 x 8 inches

Shipping Weight: 2.7 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #11,757,520 in Books (See Top 100 in Books) #95 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Hypnosis for Diets #53611 in Books > Cookbooks, Food & Wine > Special Diet

[Download to continue reading...](#)

Vitamin K: Understanding The Healing Powers Of A Little Known Vitamin (Vitamin K, Vitamin K2, vitamin k2 and the calcium paradox, vitamin K and the calcium paradox, osteoporosis, osteoporosis cure) Liquid Vitality: Simple and easy vitamin water recipes Fruit Infused Water - 80 Vitamin Water Recipes for Weight Loss, Health and Detox Cleanse (Vitamin Water, Fruit Infused Water, Natural Herbal Remedies, Detox Diet, Liver Cleanse) E-Juice Recipes: Shake and Vape E-Liquid Recipes For Your Electronic Cigarette, E-Hookah G-Pen: Quick and tasty E-liquid recipes that you can enjoy today. ... E-liquid recipes for DIY E-juicers. Book 3) Pure Water: The Science of Water, Waves, Water Pollution, Water Treatment, Water Therapy and Water Ecology Fruit Infused Water: Top Quick, Easy, Refreshing and Tasty Fruit Infused Water Recipes To Aid Weight loss and Maximum Health (weight loss, living ice, detox, beginners, vitamin cleanse, juicing) Cancer and Vitamin C: A Discussion of the Nature, Causes, Prevention, and Treatment of Cancer With Special Reference to the Value of Vitamin C, Updated and Expanded The Vitamin Cure for Eye Disease: How to Prevent and Treat Eye Disease Using Nutrition and Vitamin Supplementation Cancer and Vitamin C: A Discussion of the Nature, Causes, Prevention and Treatment of Cancer With Special Reference to the Value of Vitamin C DRI Dietary Reference Intakes for Vitamin C, Vitamin E, Selenium, and Carotenoids Liquid Soapmaking: Tips, Techniques and Recipes for Creating All Manner of Liquid and Soft Soap Naturally! Water Clarity Secrets for Ponds and Water Gardens: The Quick and Easy

Way to Crystal Clear Water (Water Garden Masters Series Book 5) Easy European Cookbook Box Set: Easy English Cookbook, Easy Greek Cookbook, Easy French Cookbook, Easy Irish Cookbook, Easy German Cookbook, Easy Portuguese ... Portuguese Recipes, Irish Recipes 1) Easy Asian Cookbook Box Set: Easy Korean Cookbook, Easy Filipino Cookbook, Easy Thai Cookbook, Easy Indonesian Cookbook, Easy Vietnamese Cookbook (Korean ... Recipes, Asian Recipes, Asian Cookbook 1) Easy Korean Cookbook: 50 Unique and Authentic Korean Recipes (Korean Cookbook, Korean Recipes, Korean Food, Korean Cooking, Easy Korean Cookbook, Easy Korean Recipes, Easy Korean Cooking Book 1) Quick and Easy Container Water Gardens: Simple-To-Make Water Features and Fountains for Indoor and Outdoor Gardens Clean Soups: Simple, Nourishing Recipes for Health and Vitality Camping Cookbook: Camping Recipes Made Easy: 50 Recipes! Featuring Foil Packet Recipes, Dutch Oven Recipes, Campfire Grilling Recipes, and Campfire Cooking Recipes Cast Iron Recipes Cookbook: 50 Most Delicious of Cast Iron Recipes (Cast Iron Recipes, Cast Iron Cookbook, Cast Iron Cooking, Cast Iron Cooking Recipes): ... Recipes (Easy Recipes Cookbook Book 2) Jello Shot Recipes: 55 Fun & Creative Jello Shot Recipes for your Party (Jello Shots, Jelly Shots, Party Recipes, Jungle Juice, Punch Recipes, Vodka Recipes, ... Rum Recipes, Cocktail Recipes, Wine Making)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)